

INVITES YOU TO OUR NEXT:  
**LUNCH & LEARN**

**OUT OF THE BOX: AUTISM, SENSORY PROCESSING, AND EATING DISORDERS**

**4.0 CEUS**

**Guest Speaker: Kim Clairry, OTR/L**

**May 18, 2018**

**9 a.m. - 2:00 p.m.**

\$45 for iaedp members

\$55 for non-members

\$20 students (with ID)

(includes LUNCH)

**Trinity Meeting Center**

**7813 Mitchell Blvd., Suite 106, Trinity FL 34655**

Feedback we received from the October 2017 Lunch & Learn where Kim Clairry, OTR/L co-presented was so positive, attendees were left wanting to hear more! So, back by popular demand, Kim returns to share her unique "insider's perspective" as an Occupational Therapist living with autism, sensory processing disorder & in recovery from an eating disorder.

Workshop participants will be able to:

1. Identify 5 environmental and client personal barriers that can affect eating disorder recovery in those with a comorbid ASD and/or SPD diagnosis, and learn 5 tools/strategies that can help minimize the impact of those barriers and thus lead to more positive treatment outcomes
2. Develop empathy for and gain insight into how the unique challenges of ASD/SPD impact eating disordered behaviors
3. Think more critically about possible etiologies behind eating disordered thought/rituals, and identify at least 3 red flags that may point to underlying ASD or SPD in clients with eating disorders

**RSVP by May 15**

[wkourtney@hotmail.com](mailto:wkourtney@hotmail.com)

Or call Chapter President Kourtney Gordon, RD, CEDRD at  
(727) 449-0300

**Special Thanks to our event sponsors:**



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**Kim Clairry, OTR/L** graduated from Brenau University with a master's in occupational therapy (OT) and has worked with multiple patient populations. As an adult, she was diagnosed with autism (ASD) and sensory processing dysfunction (SPD). Kim learned to break through many personal and societal barriers, including navigating the healthcare system with ASD and an eating disorder (ED). Her experiences forged a passion for educating others on ASD, SPD, and eating disorders with the hope of helping give voice to those unable to articulate their inner worlds.

Now in recovery, she is an autism advocate and teaches continuing educational seminars to healthcare clinicians nationwide. She also does private consultations and conducts local trainings and talks for parents, churches, businesses, support groups, and various community organizations. Additionally, Kim is helping to develop a series of continuing education classes challenging clinicians to look outside the box when working with clients struggling with eating and food related difficulties.